



# *Are you a Veteran?*

# *Are you a solo retiree?*

A Study about Solo Retirees





**A solo retiree is...**  
someone who has never  
married/partnered, is separated,  
divorced, or widowed, or is  
currently living apart from a  
partner, and has retired or is  
nearing retirement.





The Life Research Institute at the University of Ottawa, in collaboration with the National Association of Federal Retirees, launched an innovative project to **enhance the quality of life and optimize the wellbeing of solo retirees.**

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## **Solo retirees are invited to complete an online survey about their experiences.**

Be prepared to spend about 45 minutes answering all the questions. Complete the survey in one sitting, or pause and resume as often as you like, as long as you use the same device (computer, tablet, or phone) each time you log on. The survey has autosave.

**[Complete the Survey.](#)**